

OPERATOR TRAINING SERVICES

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HEALTH & SAFETY AWARENESS FOR OPERATIVES

ONE DAY COURSE PROGRAMME

Suitable for preparation for sitting the H & S Test for the Construction Skills Certification Scheme (CSCS) and the Construction Plant Competence Scheme (CPCS)

1. Course introduction, objectives, introduction to CSCS and CPCS
2. Health & Safety at Work Act
3. Provision and use of work equipment regulations
4. Accident prevention and reporting – 'Safely Does It II'
5. First Aid
6. Working at Height Regulations 2005 – 'A Head for Heights'
7. Safety in excavations
8. Hazards with electricity – 'Danger of Death'
9. Confined spaces
10. Hoists and power tools
11. Fire prevention
12. Asbestos – 'Asbestos Alert'
13. Health & hygiene
14. Control of substances hazardous to health
15. Noise and vibration
16. Personal protective equipment
17. Manual handling – 'It's Your Choice'
18. Safe use of vehicles – 'Danger Vehicles at Work'
19. End of course test paper
20. Course evaluation, test results and closing discussion

